

## Physical Education at St. Michael's

## "We are physically active pupils"

At St Michael's CE Primary School, we aim to provide a high-quality physical education curriculum that inspires all of our pupils to succeed and excel in physical activity and sport.

## **Aims**

- We want to provide opportunities for children to become physically literate.
- We want pupils to become active and confident in a way which supports their health, fitness and well-being.
- We want pupils to make their own choices about being healthy as they move through school and beyond.
- We want to provide a wealth of opportunities for children to compete in sports and other activities.
- We want pupils to be competitive when taking part in sport and physical activities in order to build character and help embed values such as; teamwork, fairness and respect.
- We want pupils to take initiative and become excellent young leaders, by organising, officiating and evaluating what needs to be done to improve.

## Language of a physically active person:

