

Dear Parents and Carers,

We understand that some parents and carers have requested a timetable for the day to provide their child with a structured routine.

The example timetable below is not necessarily the correct timetable or something that needs to be completed in this order but is here to support you if required.

<b>9am</b>	<b>Exercise:</b> BBC's Super Movers, Joe Wicks PE lesson on YouTube, Go Noodle
<b>9.30am</b>	A <b>Maths</b> activity as listed on your child's class page (KS1) or class page and/or SeeSaw (KS2)
<b>10.15am</b>	No screen time and a chance to read, talk, draw, listen to audiobook or have a quiet reflection time followed by a snack.
<b>10.45am</b>	<p><b>English</b></p> <p><b>KS1:</b> Read and discuss a book and/or complete activities as per you child's class page and/or complete a writing task (write a postcard to a friend, start a diary, write a story, write a list of food in your fridge or insects in the garden, play 'splat' using your phonics knowledge, practise your phonics on Phonics Play using water paint sounds on a fence panel or use chalks on the ground, practise your handwriting on LetterJoin)</p> <p><b>KS2:</b> Read and discuss a book and/or complete activities as per you child's class page and/or SeeSaw and/or complete a writing task (write a postcard to a friend, start a diary, write a story, write a setting description using Pobble 365, practise your spellings outside in the garden)</p>
<b>11.30am</b>	Free time: help with chores, prepare lunch, tidy up, play a game in the garden, watch something
<b>12pm</b>	Lunch with your family
<b>12.45pm</b>	Help tidy up after lunch
<b>Afternoon</b>	<ul style="list-style-type: none"> <li>- Free time</li> <li>- Play a game</li> <li>- Play a game on Purple Mash</li> <li>- Help to prepare dinner</li> <li>- Craft time: make or design something – take a look at the art and DT challenges on the website homepage</li> <li>- Practise your singing with iSing Pop's fantastic new YouTube singing and dance videos – links on the website homepage</li> <li>- Gardening</li> <li>- Make a model out of Lego – take a look at the Lego challenge on the website homepage</li> </ul>

	<ul style="list-style-type: none"><li>- Some Science, Topic or your Brain Builder task (if you have one) – take a look at your class page (KS1) and class page and/or SeeSaw (KS2)</li></ul>
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Additionally, we recognise that this might be the perfect time to broaden your child's interests: allow them to undertake a research project into something that fascinates them; read a book with chapters or simply start a diary. We fully respect – and encourage – that there may be times which take you 'off timetable', please do not feel that you have to complete every task, every week to the strict timetable.

Yours sincerely,

St. Michael's CE Primary School