

GMT Time Around the World

City	Time
Amsterdam	+ 01.00
Athens	+ 02.00
Bangkok	+ 07.00
Beijing	+ 08.00
Bonn	+ 01.00
Buenos Aires	- 03.00
Beirut	+ 02.00
Chicago	- 05.00
Canberra	+ 10.00
Cairo	+ 02.00
Edinburgh	GMT
Frankfurt	+ 01.00

City	Time
Gothenburg	+ 01.00
Helsinki	+ 02.00
Hong Kong	+ 08.00
Islamabad	+ 05.00
Istanbul	+ 03.00
Kuwait	+ 03.00
Los Angeles	- 08.00
Lisbon	+ 01.00
Milan	+ 01.00
Montreal	- 05.00
Moscow	+ 03.00
New York	- 05.00

City	Time
Oslo	+ 01.00
Paris	+ 01.00
Rome	+ 01.00
Rio de Janeiro	- 03.00
Riyadh	+ 03.00
Sydney	+ 10.00
Singapore	+ 08.00
Seoul	+ 09.00
Toronto	- 05.00
Vienna	+ 02.00
Washington	- 05.00
Wellington	+ 12.00